

Troop 957 Rank Advancement Board of Review Questions List

1st Class Rank



I am the First Class. I was tenderfoot and I laid my course by the stars of truth and knowledge and girded myself with the righteousness of justice and freedom. I added a smile that I might be a friend to all and bound myself together with the knot of duty to others.

By this point the Scout should be comfortable with the Board of Review process.

The Scout should be praised for his accomplishment in achieving 1st Class (particularly if he joined Boy Scouts less than a year ago). In achieving the rank of 1st Class, the Scout should feel an additional sense of responsibility to the troop and to his patrol.

The 1st Class rank will produce additional opportunities for the Scout (Order of the Arrow, leadership, etc.).

Merit badges will begin to play a role in future advancement to the Star and Life ranks. Encourage merit badge work if it has not already begun.

The approximate time for this Board of Review should be 15 to 20 minutes. The 1st Class requirements are:

1. Demonstrate how to find directions during the day and at night without using a compass.
2. Using a compass, complete an orienteering course that covers at least one mile and requires measuring the height and/or width of designated items (tree, tower, canyon, ditch, etc.)
3. Since joining, have participated in ten separate troop/patrol activities (other than troop/patrol meetings), three of which included camping overnight.
4. a. Help plan a patrol menu for one campout that includes at least one breakfast, one lunch, and one dinner and that requires cooking at least two meals. Tell how the menu includes the foods from the food pyramid and meets nutritional needs.
4. b. Using the menu planned in requirement 4a, make a list showing the cost and food amounts needed to feed three or more boys and secure the ingredients.
4. c. Tell which pans, utensils, and other gear will be needed to cook and serve these meals.
4. d. Explain the procedures to follow in the safe handling and storage of fresh meats, dairy products, eggs, vegetables, and other perishable food products. Tell how to properly dispose of camp garbage, cans, plastic containers, and other rubbish.
4. e. On one campout, serve as your patrol's cook. Supervise your assistant(s) in using a stove or building a cooking fire. Prepare the breakfast, lunch, and dinner planned in requirement 4a. Lead your patrol in saying grace at the meals and supervise cleanup.
5. Visit and discuss with a selected individual approved by your leader (elected official, judge, attorney, civil servant, principal, teacher) your constitutional rights and obligations as a U.S. citizen.
6. Identify or show evidence of at least ten kinds of native plants found in your community.
7. a. Discuss when you should and should not use lashings
7. b. Demonstrate tying the timber hitch and clove hitch and their use in square, shear, and diagonal lashings by joining two or more poles or staves together.
7. c. Use lashing to make a useful camp gadget.
8. a. Demonstrate tying the bowline knot and describe several ways it can be used.
8. b. Demonstrate bandages for a sprained ankle. and for injuries on the head, the upper arm, and the collarbone.
8. c. Show how to transport by yourself, and with one other person, a person:
 - o from a smoke-filled room
 - o with a sprained ankle, for at least 25 yards.

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8. d. Tell the five most common signs of a heart attack. Explain the steps (procedures) in cardiopulmonary resuscitation (CPR).
9. a. Tell what precautions must be taken for a safe trip afloat.
9. b. Successfully complete the [BSA swimmer test](#).
9. c. With a helper and a practice victim, show a line rescue both as tender and rescuer. (The practice victim should be approximately 30 feet from shore in deep water.)
10. Demonstrate scout spirit by living the Scout Oath (Promise) and Scout Law in your everyday life.
11. Participate in a Scoutmaster conference.
12. Complete your board of review.

Sample Questions:

1. What grade are you in?
2. What do you like about school? What is your favorite subject?
3. What do you tell your friends about the things you learn and do in Scouts?
4. What is your most favorite part of Scouting? Least favorite?
5. On average, how many Troop meetings do you attend each month?
6. What part of Troop meetings are most rewarding to you?
7. How does your Patrol function as a team? What part do you take in helping your Patrol?
8. What was the last project your patrol worked on as a unit?
9. How do you apply teamwork in your home? With friends?
10. Tell us about your last campout with the Troop. Where did you go? How did you help with meal preparation? Did you have a good time? (If "No", why not?)
11. If you were in charge of planning and preparing a dinner for your next campout, what would you select?
12. Does your family do any camping? What have you learned in Scouts, that you have been able to share with your family to improve their camping experiences?
13. As a 1st Class Scout, what do you think the Star, Life, and Eagle Scouts will expect from you on an outing?
14. Why do you think that swimming is emphasized in Scouting?
15. Do you think that your first aid knowledge will actually help you? How? Have you had an opportunity to use any of it?
16. Why is it important for you to know how to transport a person who has a broken leg?
17. Why is it important for you to be able to recognize local plant life?
18. What did you learn about using a compass while completing the orienteering requirement?
19. What is the Scout Slogan? What does it mean for a 1st Class Scout?
20. How does a Scout fulfill his "Duty to Country"?
21. How do you define "Scout Spirit"?
22. Who was Lord Baden-Powell?
23. To you, what does it mean to "Do my duty to God"?
24. What point of the Scout Law is the hardest for you to live up to?
25. What more does "Be Prepared" mean to a First Class Scout, than to a Second Class Scout?
26. What does "On my Honor" mean to you?
27. Have you had a chance to teach the younger Scouts any of your recently earned scout skills? What did you teach?
28. What do you think Shared Leadership is?
29. What effect has Scouting had on your life?

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30. If you had the opportunity to add or delete one (1) requirement for this rank, what would it be and why?
31. What merit badges do you have?
32. Why are merit badges a part of Scouting?
33. Which merit badge was the most valuable to you? Why?
34. For this rank you met with a civil employee and discussed your constitutional rights and obligations. Who did you meet with, and what (if anything) did you get from your talk?
35. What was the most challenging requirement (rank or merit badge)?
36. What is the Order of the Arrow? What is the primary function of OA?
37. When do you think you might be ready for Star Scout?
38. Do you have a long term goal for your Scouting career?

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What Every Scout Should Know

Scout Oath:

On my honor I will do my best
To do my duty to God and my country
and to obey the Scout Law;
To help other people at all times;
To keep myself physically strong,
mentally awake, and morally straight.

Scout Law:

A Scout is ...
Trustworthy,
Loyal,
Helpful,
Friendly,
Courteous,
Kind,
Obedient,
Cheerful,
Thrifty,
Brave,
Clean,
Reverent.

Scout Motto:

Be Prepared.

Scout Slogan:

Do a good turn daily.

Outdoor Code:

As an American, I will do my best to --
Be clean in my outdoor manners,
Be careful with fire,
Be considerate in the outdoors, and
Be conservation-minded.